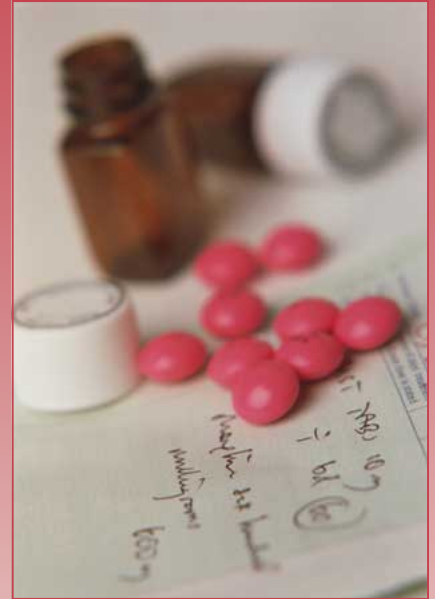


SENIOR WELLNESS MORNING

Friday, August 10

ANTICOAGULATION THERAPY (BLOOD THINNERS)



DOOR PRIZES ▪ HANDOUTS ▪ REFRESHMENTS

Fond du Lac Senior Center

151 E. First Street

For planning purposes, call 322-3630 to pre-register.

9—10 a.m.

Health Screenings: **Blood Pressure** (provided by Agnesian HealthCare), **Blood Sugar—Fast required** (provided by Lutheran Homes & Health Services), **Hearing** (provided by Avada Audiology & Hearing Care), **Balance Screenings** (provided by Rehab Arisces)

Health Info Booths: **Above & Beyond Care Solutions; Agnesian Health Shoppe, Clarity Care; Galloway House & Village, Hospice Advantage, Julie Hilbert—Benefit Specialist, FDL Co. Dept. of Senior Services; Lutheran Homes & Health Services, Rescare**

Demonstration: **Country Line Dancing**

10—11 a.m. Speaker: Katie Reinke, Pharmacist, AHC

Katie earned her Doctor of Pharmacy degree from UW-Madison, also completing 2 years of advanced practice residency at the Children's Hospital of Wisconsin. Katie has been involved with the Anticoagulation Management Clinic since it began in 2007, and holds certification in Anticoagulation therapy.



Topic: Anticoagulants (Blood Thinners)

An overview of the different types of anticoagulation medications, or “blood-thinners”, that are available with focus on the reason for use, what are the risks of taking the medication, potential complications, and drug interactions.

This month's Senior Wellness Morning is sponsored by Agnesian HealthCare.

